

10 *Womanly*

COMMANDMENTS

one

I get one life - I will not die wondering.

two

I love and care for my body, and appreciate all the amazing things it allows me to do.

three

Sometimes I choose the cake, and I enjoy every bite.

four

I wear what makes me feel good, every day.

five

I build up other women and cheer them on - and surround myself with women who do the same.

six

When there is work to do, I do the work.
Then I drink champagne.

seven

I ask for help when I need it, and I accept it gratefully and graciously.

eight

I take responsibility for making my own life awesome.

nine

I do something every day that makes me proud to be me.

ten

Great lipstick and a glass of French Champagne are always a good idea.